

## WARRIOR GODDESS WILD Challenge

## Day 2 *Do it today*!

Task: What's on your pleasure list from yesterday that you haven't done in ages? Do that today.

Bonus points: what can you do to improve the areas that are lacking? Can you take simple action to make them feel better? Journal on this below.

Write your thoughts and feelings below:

## **Action Step**

Share what you're doing more of + what you're going to do differently with the hashtag #WarriorGoddessWild