



WARRIOR GODDESS

Anti-Resolution Challenge

Day 3

Gifts: Exploring the Beauty and Benefits

Use this exercise as a way to see the healing and wisdom beyond your strategy.

Write out the wisdom you already contain... Here are some places to jump-start your exploration. What are your gifts, dear one? Don't be shy or stay small, write them all out and let your light shine!

Fight / Control into LEAD: Controllers have the potential to be great leaders, systems organizers, and have a powerful capacity for eagle-eye visioning and transformation

Flight / Distract into CREATE: Have the potential to be vibrant artists and creators, and have powerful ways of seeing things from many different angles and perspectives

Freeze / Isolate into VISION: Have the potential to be deep thinkers with a strong connection to the Divine, and have insights and intuition from their connection to stillness and patient listening

Fawn / Please into NOURISH: Have the potential to be in heart-centered service to humanity from a well of love and care, and can create connection, weave webs of healing, and nurture self and others