



WARRIOR GODDESS

WISE Challenge

Day 7 Worksheet

Unconditional Wisdom

*What could you grow in yourself to cultivate unconditional wisdom over the next nine months?
Check all that apply.*

- Develop monthly or daily rituals
- Create structure around tasks that need to get done
- Go out in nature
- Befriend the dark

What do you need to embody more unconditional wisdom?

- Community
- Compassion
- Love
- Intuition
- Guidance from a mentor or guide

Journal prompt:

What is holding you back from being unconditionally wise and willing to step into your wisest self?



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Day 7 Worksheet *Unconditional Wisdom*

Write out your plan for letting go of what is holding you back and then list 1-3 action steps to move towards how to grow into your unconditional wisdom.