



# WARRIOR GODDESS

# WISE Challenge

## Day 4 Worksheet

### *Intuition*

Today's invitation is to explore being in relation to our intuition.  
Where have you shut down your intuitive nature?

Look over the last 3, 6, or 9 months and explore what information came to you through intuition. For example, you can look at what happened between the spring equinox and today and ask yourself what nudges you received from Life or your internal navigational system?

What are three ways you connect to silent knowledge? For example, do you go for walks, sit in the sun, or connect with a tool like oracle cards?

Extra: Create a plan for connecting with your intuition regularly. How often and how will you connect?