

Warrior Goddess Leadership Training

Pre-Training Book Study + Leadership Training

Syllabus October 2022 - February 2023

This syllabus represents our current plans and objectives. As we go through the book study, those plans may need to change to enhance the learning experience. Such changes, communicated clearly, are not unusual and should be expected.

Instructor Names: HeatherAsh Amara and Sarina Harz, LCSW

Class location: *via Zoom*

Meeting time:

Wednesdays - 12 - 1:30 pm Los Angeles, 3 - 4:30 pm New York, 8 - 9:30 pm London

*Check out [Time Converter](#) if you need help finding your time zone

Email: hello@wariorgoddess.com

PLEASE NOTE: This is the main Warrior Goddess email address and is supported by the Team Warrior Goddess. You can expect an email response within 24 hours from a team member (except for weekends and holidays)

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Book Study Schedule

Module	Date	Topic	Reading (to be done before class)
1	Oct. 12	Introduction to <i>Warrior Goddess Training + Intent: Commit to You, Align with Life, Purify Your Vessel</i>	Read Lesson 1 - Lesson 3 from <i>Warrior Goddess Training</i> Optional: One exercise each, from Lesson 1 - Lesson 3 of <i>Warrior Goddess Training Companion Workbook</i>
2	Oct. 19	Inspiration: Ground Your Being, Energize Your Creativity, Claim Your Strength and Ignite Your Will	Read Lesson 4 - Lesson 6 from <i>Warrior Goddess Training</i> Optional: One exercise each, from Lesson 4 - Lesson 6 of <i>Warrior Goddess Training Companion Workbook</i>
3	Oct. 26	Intuition: Open Your Heart, Speak Your Truth, Embody Your Wisdom	Read Lesson 7 - Lesson 9 from <i>Warrior Goddess Training</i> Optional: One exercise each, from Lesson 7 - Lesson 9 of <i>Warrior Goddess Training Companion Workbook</i>
4	Nov. 2	Impeccability: Choose Your Path	Read Lesson 10 + Epilogue from <i>Warrior Goddess Training</i> <u>and</u> pick two exercises from Lesson 10 in <i>Warrior Goddess Training Companion Workbook</i>

Training Course Schedule

Week	Date	Topic	Notes
1	November 9, 2022	Foundations of Sacred Leadership	
2	November 16, 2022	What is Your True Work?	
3	November 23, 2022	Holding a Container	

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4	November 30, 2022	The Warrior Goddess Way	
5	December 7, 2022	The Art of Creating Dynamic, Experiential Classes	
6	December 14, 2022	Workshop Wisdom: Tips and Power Tools	
7	December 21, 2022	Outreach and Calling In Your Community	
8	January 4, 2023	Wisdom from the Field	
9	January 11, 2023	Inclusion, Accessibility and Justice	
10	January 18, 2023	Practicing with Peers	
11	January 25, 2023	Practicing with Peers	
12	February 1, 2023	Closing Session with Ritual	

*All classes are from noon-1:30 pm California Time/3-4:30 pm New York Time

Required Reading

Warrior Goddess Training by HeatherAsh Amara
A Little Book on Big Freedom by HeatherAsh Amara

Recommended Further Reading

Awaken Your Inner Fire by HeatherAsh Amara
The Four Agreements by don Miguel Ruiz
White Fragility by Robin DiAngelo
My Grandmother's Hands by Resmaa Menaken