

Jaguar Heart: Courage

Calling all Warriors of the Heart!

If you are ready to take the next step on your spiritual / healing journey, I'd be honored to guide and walk with you.

Now more than ever it is time to shed the old layers of procrastination, fear, and self-doubt to powerfully step into our radiant power and clear vision.

In response to these times I've created an all new apprenticeship program, which I'm calling Jaguar Heart: Courage. It will be an expansion of previous Jaguar Heart / Inner Fire apprenticeship courses with a focus on:

- calling forth your power and your courage to take action in creative ways
- being in the mystery in the in-between places
- being present so you can feel your way forward in an intimate group of people doing personal and collective work to get truly free

We will be looking at how historically women, queer folks, and people living outside of the norms have been harmed.

We will work together on dissolving any lines of energy of fear, staying small, or repression, and healing what has been called the "witch wound." This involves uncoupling from ancestral trauma and dream of the planet hurt.

Together through ceremony and energywork we will release any echoes of victimization and the shadow of "power over" to re-capitulate and re-claim our intuition, magic, and innate power.

We will meet monthly online to travel the path of the Jaguar Heart. Each session will guide you to clear away what is blocking or stagnating your

inner fire and rekindle your connection to stillness and silent knowledge, supercharge your passion and creativity, and deepen your power to hold and direct energy to manifest your intent.

During the Jaguar Heart: Courage Apprenticeship Circle, you will:

- Re-root your courage into the soil of your creativity
- Move through resistance / stagnation using shamanic and ceremonial practices including shamanic journey work
- Dissolve old identifications and explore new ways of being through magical theater and stalking practices
- Practice taking concrete actions to dissolve your limiting and repressive structures
- Connect more fully with your Divine essence so your actions flow with ease
- Train your mind and will to take their proper place in aiding, rather than hindering, you on your path to true authentic living
- Explore your ability to use dreams and sleep states as tools for awakening
- Hone your intuition and energetic perceptions
- Experience the true joy and collective magic of working in a spiritual community
- Let your heart blossom supported by your unconditional presence

Bonus: Learn the wisdom of the minor arcana, numerology, and reading oracle/tarot cards as a dreaming and stalking tool

Between our monthly online sessions there will be homework, required reading assignments, and opportunities to communicate and be supported by the Jaguar Heart: Courage apprentices to help you integrate and apply your intensive experiences in your daily life.

As part of the Jaguar Heart: Courage apprenticeship we will meet quarterly for a dreaming practice I learned directly from don Miguel designed to create lucid dreaming and lucid living. There will be an abundance of specific, powerful practices to hone and strengthen your energetic body—to brighten your inner fire so you are a radiant manifestation of love and clarity. This is done with our larger Warrior Goddess community, but apprentices will have pre- and post-ritual special tasks to deepen the practice.

My intent is to create a solid, safe container using ceremony and ritual and to focus on the two main aspects of Toltec shamanic practice: the arts of stalking and dreaming. We will be working with the elements, allies, and ancestors to nourish us while we stalk and release what no longer serves and dream a new future into existence.

I'm ready.
[Let's do this.](#)

JAGUAR HEART: COURAGE SCHEDULE

February 2025 to December 2025

Tuesdays at noon Los Angeles, 3 pm New York, 8 pm London

Teachings with HeatherAsh:

First Tuesdays of each month

noon Los Angeles, 3 pm New York, 8 pm London

90 minutes; everything recorded

#1 February 4th: Introduction and crafting the circle

#2 March 4th: The Witch Wound / Wisdom Keepers Healing Part 1

#3 April 1st: The Witch Wound / Wisdom Keepers Healing Part 2

#4 May 6th: Recapitulation and Energy work for Courageous Inner Cleaning

#5 June 3rd: Recapitulation and Energy work for Expanding your Courage: Wild

#6 July 1st: Dreaming practice for shifting the assemblage point: Willing

#7 August 5th: Dreaming practice for expanding possibilities: Wise

#8 Sept 2nd: Magic and journeywork for personal freedom

#9 October 7th: Magic and journeywork for ancestral healing

#10 November 4th: Magic and journeywork for collective liberation

#11 December 2nd: Closing ceremony

ADDITIONAL SUPPORT

Pods:

February 18th

March 18th

April 15th, 29th

May 20th
June 17th
July 15th, 29th
August 19th
September 16th, 30th
October 21st
November 18th
December 16th

Returning with HeatherAsh + Seasons of Self with WG Mentors

Winter

Winter Solstice Mini Virtual Retreat - December 21st and 22nd

December 24th, 2024
January 14th, 28th
February 11th, 25th
March 11th

Spring

Spring Equinox Virtual Retreat - March 20th through 22nd

March 25th
April 8th, 22nd
May 13th, 27th
June 10th

Summer

Summer Solstice Mini Virtual Retreat - June 19th and 20th

June 24th

July 8th, 22nd

August 12th, 26th

September 9th

Fall

Fall Equinox Virtual Retreat - September 20th through 22nd

September 23rd

October 14th, 28th

November 11th, 25th

December 9th

NOTE: Interested in a LIVE in-person apprenticeship that includes Jaguar Heart Courage? Read about the Jump! Apprenticeship Circle [here](#).

Tuition

\$544.50 monthly / 6-month payment plan

\$299.97 monthly / 11-month payment plan

\$219.98 monthly / 15-month payment plan: November 2024 to January 2026

\$4,097 paid in full

\$3,267 paid in full - 20% off if you register by December 15, 2024